



ROYAL SPORTS PERFORMANCE CENTRE

- Clinic & Family Medicine
- Medical Concierge Services
- Sports Medicine
- Sports Orthopedic & Arthroscopic Surgery
- Sports Physiotherapy
- Sports Medicine Gym
- Nutritionist & Healthy Catering
- Sports Massage
- Sports Psychology
- Cryotherapy
- IV Bar

Book your consultation today
(08 1111 8 7772)

Senayan City B2-0
Jl. Asia Africa Lot 19



PHYSIOTHERAPY

In Royal Sports Performance Centre, our physiotherapy team brings you more than 25 years of medical excellence in in-patient, out-patients and sports programs, serving over 12,000 patients. Our integrated team of specialists and nutritionist will discuss each program with your physiotherapist to deliver safe, painless and effective results which may include home exercises, education on how to increase functional movements and a focus on bringing your performance to the next level.

We are the 1st sports clinic in Indonesia that provides:

- Targeted Cryotherapy
Up to - 145°C, 5-8 minutes, more effective than icing with cold pack.
- Vertimax
Testing and improving your speed, power and performance level.

Services:

- Sports Massage
- Cranial Massage
- Manual Therapy
- Ultrasound
- Electro Therapy
- Compression Therapy
- Therapeutic & Functional Exercise
- Dynamic Stretching
- Specific & Targeted Muscle Strengthening
- Neurological Rehabilitation
- Post Surgical Rehabilitation
- Sports Medical team for events



The Team That Takes You To The Finish Line

- Orthopedic (Sports) Specialists
- Orthopedics (Spine) Specialist
- Sports Medicine Specialist
- Family Medicine Specialist
- Occupational Specialist
- Acupuncturist
- Emergency Care Trauma team & Ambulatory services
- Physiotherapists
- Nutritionist
- Internal Medicine
- Cardiovascular Specialist
- Pulmonary Specialist
- Acupuncturist

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